

# Lunch Time Menu

## week one



April 8th, 29th  
 May 20th  
 June 10th  
 July 1st, 22nd  
 Aug 12th  
 Sep 2nd, 23rd  
 Oct 14th  
 Nov 4th, 25th  
 Dec 16th, 30th  
 Jan 6th, 27th  
 Feb 17th  
 March 10th, 31st

### Monday Tuesday Wednesday Thursday Friday

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| Pork Meatballs in a Tomato Sauce<br>Served with Rice or Pasta Potato & Seasonal Vegetables | Savoury Beef in a Yorkshire Pudding<br>Served with Mashed Potatoes & Seasonal Vegetables | Roast Chicken, Stuffing and Gravy<br>Served with Boiled Potatoes & Seasonal Vegetables | Margherita Pizza<br>Served with 1/2 Jacket Potato & Seasonal Vegetables | Fish Fingers<br>Served with Chips, Peas, Baked Beans & Tomato Ketchup |
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| Vegetarian Meatballs in a Tomato Sauce<br>Served with Rice or Pasta & Seasonal Vegetables (V, VG) | Vegetarian Meat Free Mince in a Yorkshire Pudding<br>Served with Mashed Potatoes & Seasonal Vegetables (V) | Roasted Quorn Fillet(VG), Stuffing and Gravy<br>Served with Boiled Potatoes & Seasonal Vegetables | Cheese Flan<br>Served with 1/2 Jacket Potato & Seasonal Vegetables (V) | Vegetable Nuggets<br>Served with Chips, Peas, Baked Beans & Tomato Ketchup (V, VG) |
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| Jacket Potato with Cheese & Beans (V) or Tuna Mayonnaise<br>Served with Side Salad | Pasta with Tomato Sauce (V, VG)<br>Served with Side Salad | Jacket Potato with Cheese & Beans (V) or Tuna Mayonnaise<br>Served with Side Salad | Pasta with Tomato Sauce (V, VG)<br>Served with Side Salad | Jacket Potato with Cheese & Beans (V) or Tuna Mayonnaise<br>Served with Side Salad |
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| Assorted Sandwiches Cheese, Ham, Tuna<br>Served with Side Salad | Assorted Sandwiches Cheese, Ham, Tuna<br>Served with Side Salad | Assorted Sandwiches Cheese, Ham, Tuna<br>Served with Side Salad | Assorted Sandwiches Cheese, Ham, Tuna<br>Served with Side Salad | Assorted Sandwiches Cheese, Ham, Tuna<br>Served with Side Salad |
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ASSORTED Breads  Baked daily by our school chefs

FRESH FRUIT and YOGURT 

Mixed Salad SELECTION  Using seasonal and local produce

|                                       |   |   |   |   |
|---------------------------------------|---|---|---|---|
| Apple Cake (V)<br>Custard Biscuit (V) | Chocolate Muffin (V)<br>Shortbread Biscuit (VG) | Jelly with Chopped Fruit (VG)<br>Viennese Whirl (V) | Syrup Sponge & Custard (V)<br>Chocolate Crunch Biscuit (VG) | Ice Cream Roll (V)<br>Jambo Biscuit (V) |
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Menus are planned to comply with the current Government School Food Standards, we endeavour to serve food specified on the menu, however there are some circumstances when this is not possible. Dishes may change without prior notice. Please check your school's website for full details or contact the school office regarding the menu being offered at your specific school.